

40th Cross Florida Ride

Turn	Onto	DISTANCE	Comments
	Alan Shepard Park	0.00	START
L	CR-532 [Nova Rd.]	19.53	
R	US-192	46.06	
R	Eastern Ave.	48.85	
L	E. 10th St	49.07	
R	Kentucky Ave.	50.13	
L	E. Lakeshore Blvd.	50.79	
L	Partin Settlement Rd.	53.29	
R	Neptune Rd.	56.13	
L	Tohopekaliga Ave.	58.71	name changes to Johnston St.
R	E Monument Ave.	59.05	At traffic circle, take the 3 rd exit
L	Take 3rd exit onto Lakeview Dr.	59.10	
R	Ruby Ave.	59.27	
L	W. Bryan St.	59.34	immediately after RR tracks
L	S. Beaumont Ave.	59.53	
R	Patrick St.	59.60	
L	S. Randolph Ave.	59.92	name changes to W Clay St.
L	Jack Calhoun Dr.	61.71	
R	Old Tampa Hwy.	61.76	
R	US-17 92 [Orange Blossom Tr.]	68.08	
R	CR-532 [Osceola Polk Line Rd.]	68.75	immediate left after
L	Old Tampa Hwy.	68.95	name changes to Old Kissimmee Rd.
R	CR-54 [Ronald Reagan Pkwy.]	70.77	
S	Dean Still Rd.	76.81	At 87.3 mi, go straight at traffic circle to stay on Dean Still
S	Continue onto Rockridge Rd.	95.46	
R	Old Dade City Rd.	102.18	
L	US-98	109.64	immediate left after
L	CR-54	109.86	
R	CR-35A [Berry Rd.]	112.11	
R	CR-35A [Old Lakeland Hwy.]	114.82	
L	CR-52A [Clinton Ave.]	118.42	
L	CR-579A [Prospect Rd.]	123.03	changes to Curley
R	Pennsylvania Ave. look for VO2 Max Bike Shop	128.52	
Uturn	Go back to Curley St. and make a right	128.58	
L	Curley Rd. and quick right onto Jessamine Rd	131.12	
R	James Rd.	134.65	
R	CR-41 [Blanton Rd.]	134.90	
L	Clay Hill Rd.	135.26	
L	Church Rd.	138.05	
R	CR-541 [Spring Lake Hwy.]	140.14	
L	CR-572 [Powell Rd.]	142.70	name changes to Elgin Blvd.
R	Deltona Blvd.	160.04	
L	SR-50 [Cortez Blvd.]	160.57	
L	Shoal Line Blvd.	164.42	
L	Lentini Ln.	167.02	
S	Linda Pedersen Park	167.35	FINISH



Convenience Stores, SAG Stops & Restrooms

Location	Gap	Total	
Alan Shepard Park	0.0	0.0	
Satellite Blvd. & SR-520	14.8	14.8	Chevron
Nova Rd. SAG	18.1	32.9	
Nova Rd. & US-192	13.2	46.1	Shell
Narcoossee Rd. & US-192	1.3	47.4	Kangaroo
Partin Settlement Rd. & Neptune Rd.	8.7	56.1	Shell
Lake Wilson Rd. & Ronald Reagan Pkwy.	16.2	72.3	Chevron
US-27 & Deen Still Rd.	4.3	76.6	Kangaroo
Deen Still Rd. SAG	12.5	89.1	
SR-35 & Rockridge Rd.	11.6	100.7	Shell, CK, Chevron
US-98 & CR-54 SAG	9.1	109.8	
SR-35 & Clinton Ave.	10.0	119.8	CK, Shell, Publix
Fort King Rd. & Clinton Ave.	1.0	120.8	Chevron
SR-52 & Curley St.	7.3	128.1	BP & Chevron
VO2 Max Cycles SAG	0.3	128.4	R on Penn Ave.
Powell Rd. SAG	16.9	145.3	
SR-45 & Powell Rd.	5.8	151.1	7 Eleven
Barclay Ave. & Powell Rd.	3.3	154.4	CK, Shell
SR-50 & Deltona Blvd.	5.9	160.3	Rtrack, CK, Shell
Linda Pedersen Park	7.0	167.4	

ROAD MARKS (YELLOW)



Support Phone Number

321-758-1250

Text if network service is spotty
Share map location via text.

RIDE CUT-OFFS

68 miles - 11:30am (4.5 hours)
 100 miles - 2:00pm (7.0 hours)
 145 miles - 5:40pm (10.6 hours)
 158-170 miles - 7:00pm (12 hours)